

Pat Walker, Secretary

Where will not be much "new" news being reported and I apologize for that. Perhaps this will encourage more of you to attend the monthly Association meetings so that you can remain current on what is happening in Paradise.

The Social Event Committee scheduled a Pizza & Trivia Night for September 19 which we hope was well supported. Last year's Trivia event was lots of fun and we were hoping for a repeat performance. The October event will be the annual Italian Night Dinner on Saturday, October 17. Tickets for all three parks are available from me - Lot #53, phone 733-3755 – at a nominal cost of \$8 per person. A flyer will be published with the menu selection and additional pertinent information.

Bingo and Wii Bowling are now weekly events. There will be a "Special" Bingo night sometime during the month....stay tuned. Regulars know what "special" means – "crazy" games and bigger payouts.

We welcome our new Park Manager, Arlene Smith. You will receive a notice from her inviting residents to a "Meet & Greet" session. Your Association Officers encourage you to attend.

At the Labor Day Pot Luck, we had a dedication of the Wendy Thomas Bombardier Memorial Pool which included a tribute to our friend and long-time Association Treasurer.

Congratulations to Janel Balogh who graciously accepted the opportunity to assume the role of AssociationTreasurer. Welcome aboard Janel, we know you will be a valuable asset to the Paradise Island executive team.

Look forward to seeing you at the October 3rd Association Meeting and at the Pot Luck Dinner .



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LAKE HAVEN TREASURE COVE HAPPENINGS!

Written By Bob Baker, Treasurer, Park 2 Association

ere it is October already. We must be having fun for the time sure flies by!

The latter part of July and the month of August brought us rain, rain and more rain. The sign in front of St Michael's church on SR 580 once said "Into each life some rain must fall. SOME?"

With ELS bringing new homes into the parks, we are looking forward to having new residents for neighbors. Be sure to introduce yourselves and welcome them when they arrive.

In past years we had winter activities in our club house (art class, Saturday night movies, card tournaments, etc.). Those who led the activities are no longer with us. If you're interested in running one of these activities or in starting a new one, please see Bob Scott (Lot 277), Phone: 738-2876.

It's also not too early to again remind all residents including new home owners and renters moving into the park to save any clean and usable household items, dishes, books, jewelry, clothes etc. that you can't use or no longer want. Our annual White Elephant Sale, to enhance the association treasury, will be in March and we are always looking for donated items for the sale. If you have items that need to be picked up and stored, please contact Bob Scott about them.

The tropical storms and hurricanes that usually develop this time of the year have so far left us alone. Let's count our blessings but do not become complacent. Our annual hurricane season began June 1st and is not over each year until the last day of November. Hurricanes have been known to develop even in December. September is the peak month of the hurricane season and new tropical waves are still developing off the coasts of Africa and then moving across the Atlantic Ocean with the potential of growing into storms and hurricanes. It's best to stay alert and be prepared for the worst.

New residents may not know that there are dumpsters behind the club house in Park 1 for the use of all Lake Haven Residents. Thanks again to the residents in Park 1 who landscape that area and when needed sweep and clean up keeping the area looking presentable. You can help when putting things in the dumpsters by picking up anything you may drop. All residents are also reminded not to leave items that are too large, like furniture or mattresses, to go in a dumpster. The City of Dunedin will not pick them up. You must take them to the county dump yourself.

Next month our "winter only residents" should begin to return. With that in mind, Park 2 Association President, Bob Scott, will again call our monthly association meetings to develop plans for the next six months or so. The meetings will be on the first Monday night of each month at 7:00 p. m. in Club House 2 starting in November. It will also soon be time to elect our officers and directors for 2016. Please talk to Bob Scott if you'd like to serve on the Board

of Directors for next year either as an officer or as a director.

I know it's also early but please mark your calendars now for our annual association Christmas dinner on December 16th. A choice of prime rib or chicken masala will again be served and the cost is \$15.00 for association members and \$25.00 for non-members. Tickets will go on sale in November.

Also in December, bills will be mailed to each Park 2 resident for the Home Owners and Park 2 Association dues for 2016. The Park 2 association is a social organization but as result of a change to the Florida Statutes regarding Home Owners Associations, our HOA will no longer be able to represent the Lake Haven home owners in rent negotiations with the park owner unless at least 50% of the home owners are members of the HOA. Dues are \$5.00 per lot for the year beginning January 1; Park 2 dues are \$5.00 per person.

LAKE HAVEN PARK III ASSOCIATION NEWS OCTOBER

We certainly look forward to some cooler weather and getting together for BBQ's, potlucks and dances! This year we have gained many new "permanent" residents in Park III and we are looking forward to these folks getting involved also.

Our first association meeting is always the first Tuesday of the month, that being the case please mark your calendars for October the sixth. The meetings are intended to pass on any information that I receive from ELS, but more importantly to plan our social events.

All of the homes have now been set up with information tubes beneath your mailbox. This is our most important means of communication. Throughout the year please remember to check your boxes. A calendar of events will be distributed to help you plan for the activities. Joining the association membership is an easy and less expensive way to be involved in the winter activities. We will begin accepting membership dues at the first meeting on Nov. 3rd. The membership dues cover monthly polluck dinners with the entrée provided, burgers, brats, dogs, beer and soda at the monthly BBQ's and reduced prices for events with entertainment.

Hope to see you all at the first meeting. Coffee & pastries will be provided!

Linda Parker, President Lake Haven Park III





LAKE HAVEN HAPPENINGS OCTOBER, 2015 N







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| We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise. | | | | | | | |
| We will take down your in the next month's drawing The more businesses you (To qualify each resident call) | st a business to advertise in the nformation (name, address, pl for over \$400 in cash prizes suggest, the more chances yo <i>n only suggest a business once</i>) inesses would you like to see | none number) and enter you into u have to win. Thanks For The Referrals | | | | | |
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LAKE HAVEN HAPPENINGS OCTOBER, 2015 N



ACROSS

- 1. Stop for a horse
- 5. Exploded stars
- 10 Flutter
- 14. Not his
- 15. Small African antelope
- 16. Hindu princess
- 17. Disgraceful
- 19. At the peak of
- 20. Ribonucleic acid
- 21. Graven images
- 22. Display
- 23. Ointment ingredient
- 25. Of a pelvic bone
- 27. Record (abbrev.)
- 28. A daily evening church service
- 31. Wanderer
- 34. Make improvements
- 35. Japanese apricot
- 36. Bucolic
- 37. Skating jumps
- 38. Permits
- 39. " the season to be jolly"
- 40. Female internal reproductive organ
- 41. Not last
- 42. Completely
- 44. Spy agency
- 45. Unreactive
- 46. Military quarters
- 50. Manacles
- 52. Habituate
- 54. Alkaline liquid
- 55. Murres
- 56. Teen
- 58. Adolescent
- 59. Blockages
- 60. Relating to urine
- 61. Where the sun rises
- 62. Children
- 63. Carve in stone

October Crossword

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| 58 | | | \top | | 59 | | | | | | 60 | | | |
| 61 | | | | | 62 | | | | | | 63 | \square | | |

DOWN

- 18 Lubricated
- 22. A region of SE
- Pakistan
- 24. By mouth
- 26. Focusing glass
- 28. Manicurist's board
- 29. Catches
- 7. Six-stringed instrument 30. Essence
 - 31. Anagram of "Tine"
 - 32. Norse god
 - 33. Baffles
 - 34. In an uplifted manner
 - 37. Affirm
 - 38. Teller of untruths
- 13. A hollow cylindrical
- shape

1. Vortex

Language

manner

9. Female sib

12. Shortly

10. Donnybrook

11. Recent arrival

2. Reddish brown

4. American Sign

5. Scandinavian

6. Heavenly hunter

8. In an opprobrious

3. Keyboard instrument



- 40. Mining finds 41. Infernos
- 43. Child
- 44. Gentle stroke
- 46. Protrusion
- 47 Alarm
- 48. Faultfinder
- 49. A two-masted
- sailing vessel
- 50. Adorable
- 51. Component of urine
- 53. Cozy corner
- 56. Play a role
- 57. Prompt





Avoiding the dentist? It may cost you

Proper dental care is important to your overall health. Unfortunately, many of us tend to avoid visiting the dentist—often because of the cost.

A survey commissioned by Aspen Dental found that almost two out of five Americans have delayed needed dental work, or had it only partially performed, because of their financial situation. It's a figure that has jumped by almost 8 percent over the last two years, even though 80 percent say they're aware that staying away from the dentist will be more expensive in the long run.



Take one step to lose weight

ant to lose weight? Step onto a scale every day. That may seem like obvious advice, but it's supported by the results of a study reported on the Live Science website.

In the study, researchers challenged 162 people to reduce their weight by 10 percent over the course of the year. They weren't given any specific advice, but about half the participants were given scales and told to check and record their weight every morning.

Although few of the participants in either group achieved their goal of losing 10 percent of their body weight, 29 percent of those given scales succeeded in losing at least 5 percent, but only 11 percent in the scale-free group lost as much. In addition, participants given scales managed to maintain their weight loss for a second year.

The researchers have theorized that checking weight once a day may help people pay more attention to what they eat (and how much), and reinforce positive weight-loss behaviors like skipping dessert.

Without mathematics, there's nothing you can do. Everything around you is mathematics. Everything around you is numbers.

—Shakuntala Devi



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| 11 Movie Night-watch for flyers Park III clubhouse | 7:00P – Ladies Poker 1* Columbus Day | 12 | Water AM-p 9:30A 6:15P ing 1 |
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| 25 Movie Night-watch for flyers Park III clubhouse | 7:00P – Ladies Poker 1* | 26 | Water AM-p 9:30A 6:15P ing 1 |

Lake Haven

| Fuesday | Wednesday | | Thursday | Friday | Saturday |
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| 27 aerobics 9:30 ool 3 – Hobby 1* – Wii Bowl- | 6:45 pm Pinochle All Three Parks | 28 | 29 Water aerobics 9:30 AM-pool 3 Poker 6:00 PM Park III clubhouse 7:00P – Bingo 1* | 30 Girls night out! Park III clubhouse | 31 Halloween |

Love, honor, and make your payment

ne important factor that can unbalance a marriage or romantic relationship is debt. A survey conducted by Harris Poll for NerdWallet determined that 35 percent of adults have brought at least some credit card debt into their romantic relationships—more than student loans, car payments, medical loans, and mortgage debt.

More men than women bring it, with 42 percent of adult men coming into relationships with credit card debt, as opposed to 29 percent of women. Whoever's behind it, though, such debt can have costs beyond interest payments: 25 percent of couples with at least one partner dealing with credit card debt reported that it had a negative impact on their relationship.



Be alert to the signs of Alzheimer's disease

ore than 5 million people live with Alzheimer's disease in the U.S. It's an affliction that can't be diagnosed with a blood test or a brain scan, so doctors and patients depend on behavioral clues to determine whether someone is suffering from it. An early diagnosis can help with treatment and care, so pay attention to these warning signs from the Alzheimer's Association:

- Changes in memory that disrupt daily activities
- Difficulty solving problems or making plans
- Problems performing familiar tasks at work or at home
- Confusion over places and times
- Problems processing visual images and spatial relationships
- Growing difficulties with writing and speaking
- Losing items/getting lost outside



If you or a loved one begins exhibiting a number of these symptoms, consult with your doctor. Although Alzheimer's has no cure, many treatments can delay its onset and provide a meaningful quality of life for years.

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October Is...

dopt A Dog Month. Millions of animals are waiting for someone to give them a safe, loving home. Be a hero and consider adopting a rescue animal or a dog from your local shelter. You'll be saving a life and adding joy to yours.

Eye Injury Prevention Month. Protecting your eyes from injury is one of the most basic things you can do to keep your vision healthy throughout your life. The American Academy of Ophthalmology reminds everyone to wear protective eyewear when performing home repairs or maintenance, and while playing sports.

National Bullying Prevention Month. A campaign to unite communities nationwide in educating and raising awareness of bullying prevention. National Bullying Prevention Month is recognized across the United States, with organizations like Facebook, Disney, CNN, Yahoo Kids, and other partners supporting the effort through media outreach and dissemination.

National Cyber Security Awareness Month. National Cyber Security Awareness Month is designed to engage and educate public and private sector partners with events and initiatives aimed at raising awareness about cyber security and increasing the resiliency of the nation in the event of a cyber incident.

Week to Week

E mergency Nurses Week, Oct. 11-17. Sponsored by the Emergency Nurses Association, which represents the approximately 180,000 emergency nurses in the U.S. who save lives and render aid on a 24/7 basis.

Earth Science Week, Oct. 11-17. An international event to help the public gain a better understanding and appreciation for the Earth sciences and to encourage stewardship of the Earth.

Nuclear Science Week, Oct. 19-23. A national celebration to focus local, regional, and national attention on all aspects of nuclear science. The 2015 theme: "Get to Know Nuclear."

Respiratory Care Week, Oct. 25-31. An annual event that recognizes the respiratory care profession and promotes awareness of lung health issues and practices.

Follow correct procedures whenever you lift a load

ifting heavy items incorrectly can injure your back and other parts of your body. Whenever you have a heavy object to move, follow these basic rules for staying safe:

- Bend at the knees.
- Keep your head up.
- Keep your back straight.
- Lift with your legs, not your arms or back.
- Keep the object close to your body.
- Don't twist your back as you walk.
- Maintain stable footing.



• Ask for help if the load is too heavy for you to move on your own.

Strengthen your peer relationships

etting along with your manager is important to success in any workplace, but so is a good relationship with your co-workers. You need everyone's support to get ahead. Forge strong connections by looking at these factors:

- Expectations. Clarify what you expect from your colleagues in the way of information, assistance, and results. Get to know each other's goals so you can provide the right kind of support.
- Mutual trust. Can you count on each other to follow through on commitments—or at least warn that problems are approaching? This is possible only if you both take responsibility for cooperation and communication.
- Sociability. Can you do more than merely tolerate each other? Go beyond common courtesy and show a genuine interest in other people's lives outside the job. Relationships grow through getting to know each other on a personal basis instead of just talking about work.
- Communication. This is the acid test of any working relationship: Can you tell each other what's on your mind? This isn't simply a matter of airing complaints. Delivering praise or thanks to a co-worker may feel awkward, but it's the heart of a good relationship. Be honest with the people around you, and listen to their words in the same spirit.











Difficulty level: medium.

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Thought-controlled robots offer freedom and mobility

Let umans can now control robots remotely with their thoughts, thanks to a team of scientists who have developed technology to help people with disabilities regain some independence in their lives.

The robots are equipped with wheels and a video camera. The scientists tested them with a group of 19 subjects, nine with disabilities and 10 without. Each subject wore a helmet studded with electrodes that analyzed with brain signals for several weeks. Then they were told to direct the movements of a robot in Switzerland via the Internet. After less than 10 days of training, all of the nine participants with disabilities were able to control the robot easily, as did those with no disability.

In addition, the robot is able to avoid obstacles on its own without direction from its human controller, allowing people to take a break when they become tired. Such robots could become part of the daily life of people with mobility issues, giving them the opportunity to interact with others outside their homes.

Solar panel promises hope for clean fuel

A new type of solar panel could allow us to split water into hydrogen and oxygen atoms and create a clean hydrogen fuel, according to the NBC News website. The panel, developed by scientists in Switzerland, looks like the common solar panels found on rooftops. Sunlight passes through a layer of water, and the non-toxic chemical tungsten diselenide orks as a catalyst to break the water into its separate hydrogen and oxygen atoms. The scientists hope to commercialize the process to create a cheap source of hydrogen fuel, but a practical version won't be available for at least 10 years.

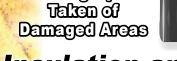
We can judge our progress by the courage of our questions and the depth of our answers, our willingness to embrace what is true rather than what feels good.

—Carl Sagan

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EVENTS & PROGRAMS

<u>CRAFT SHOW</u>, Saturday, October 10, 9am – 3pm, St. Paul United Methodist Church, 1199 Highland Avenue, Largo, FL 33770. 85 Vendors/85 Prizes. Indoor & Outdoor Show. Food, Children's Activity Center & Pumpkin Patch. \$1.00 Admission.

Caribbean Isles Craft/Granny Attic November 25, 8am - 1pm, Breakfast/Lunch available. 12100 Seminole Blvd., Largo

Annual Craft Fair Saturday Nov 7, 2015 @ Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Open 9am-1pm. A big variety of crafts. Bake sale and canteen open for food.

CRAFT FAIR! Nov. 14th 9:00am to 1:00pm Southwind MHP invites you to come and view our handmade craftsand delicious baked foods. Food will be available in club house. Our fall and winter creations are great gifts! 795 CR#1, Palm Harbor - Between Curlew and Tampa Rd.

Eternal Visipn Gospel Group at Crossroads Christian Church, October 29th 727-584-8601 RSVP by October 25th

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CRAFT FAIR! Saturday November, 7th, 8 AM - 2 PM, Sugar Creek Mobile Home Park Clubhouse - 10265 Ulmerton Rd., Largo (Behind Pier One Store) Lunch and Bake Sale. Table \$10.00 727-584-4204

Crafters Faire, October 24, 2015, Island in the Sun Park 100 Hampton Rd, Clearwater, Florida 33759, 9-5 in the clubhouse. Start your Christmas shopping now. Great items to choose from, Ceramics, Hand knitted items, Christmas Santas, door decorations, character themed Hoodies for children and more. ALL hand crafted items!

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Sliding Shower / Bath Chair - New in box. \$125.00 Call 727-560-4140

NOVEMBER AD DEADLINE - OCTOBER 10, 2015

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.



Spiders On The Move: Land, Air, And Water

f you're afraid of spiders, this may not be good news: Scientists have discovered that some spiders can actually walk or sail across water, allowing them to travel great distances and colonize new areas of the world.

Spiders have long been known to travel by "ballooning"—climbing to the top of a plant or tree and shooting out a strand of web that catches the breeze, pulling them through the air. But what happens when they land on water? Some species of spiders have water-resistant legs that prevent them from sinking beneath the surface. With specialized "dance" routines, the spiders are able to make their way across the water. In addition, they're able to lift their legs to catch the wind, sliding on the surface as if sailing. Some spiders are also able to lift their abdomens like sails and take advantage of air currents to transport themselves.

All this helps spiders move about, allowing them to take their place as predators keeping insect populations in check. How far they can actually travel is still unclear, as is the question of whether salt water affects their mobility. Scientists are continuing to study the spiders to find out if they can literally sail across the ocean.

Black Holes: The Truth Is Out There (Just Hidden)

The universe is full of supermassive black holes, according to findings from NASA's Nuclear Spectroscopic Telescope Array (NuSTAR). But they're not always easy to locate because they're typically found at the center of galaxies, and hidden by clouds of dust and gas.



Astronomers found several of them recently them by analyzing high-energy X-rays at nine locations throughout the universe. The NuSTAR confirmed the existence of five black holes and determined that they're much more active than previously was known, consuming huge amounts of interstellar material and emitting large doses of radiation.

The NuSTAR's readings confirm theories of the presence of black holes throughout the cosmos and help to explain why many of them are obscured from view.

We can judge our progress by the courage of our questions and the depth of our answers,

our willingness to embrace what is true rather than what feels good.

—Carl Sagan



Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

14,492 manufactured home residents have won over \$124,374 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid reciept to us at Monthly Media • PO Box 1023 • Venice, FL 34284. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

| (Allow +-0 weeks for manning | yor checky. This month s cash | winners are. | |
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• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers. LAKE HAVEN HAPPENINGS OCTOBER, 2015 N

